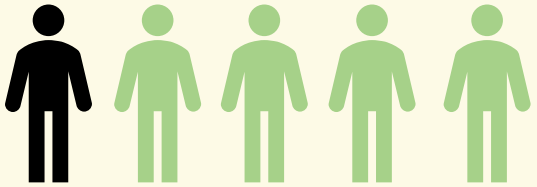
What is post-stroke emotionalism?

Having emotionalism means you **unexpectedly cry or laugh**, when it is inappropriate, and impossible to stop or control.

This often negatively affects the quality of people's daily lives, for example, through distress, embarrassment and anxiety.

Research suggests that 1 in 5 people with stroke will have some degree of emotionalism by 6 months.



The EASE trial is exploring whether Sertraline improves symptoms of emotionalism in people with a stroke.

For more information about post stroke emotionalism, see: ***www.stroke.org.uk/stroke/effects/emotional*** *and scroll down to the section on emotionalism.*

Contact

If you have any questions or would like to express your interest via paper form, please contact us using the details below:

Enquiries.easetrial@uea.ac.uk

01603 591400

Thank you for considering being part of this important research.

This trial is being organised by the Norfolk and Norwich University Hospital NHS Foundation Trust and Norwich Medical School University of East Anglia. The trial is being co-ordinated by the Norwich Clinical Trials Unit. The research is being funded by the National Institute for Health Research: Project: NIHR152423

University of East Anglia

Norwich CTU

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A New Hope for Stroke Survivors Living with Emotionalism

EASE

Evaluating **A**ntidepressants for emotionali**S**m after strok**E**

The EASE research trial

Sertraline has been tested to see if it helps reduce emotionalism after stroke.

However, few tests have been carried out, so we are not fully confident that this medication can safely and effectively treat post-stroke emotionalism.

We want to know if taking Sertraline (50mg once daily) is a safe, effective, and cost-efficient treatment for post-stroke emotionalism in the NHS.

How can you help?

By taking part in this important research, you can help us understand whether medication can improve symptoms of



emotionalism after stroke for you and future stroke survivors.

What does taking part involve?

Provide consent to be tested for emotionalism





Undergo eligibility and safety checks with your local NHS EASE trial team*

Provide consent to take part in the full trial and complete questionnaires





Be randomly allocated to take Sertraline or placebo (dummy treatment) for 6 months

Complete follow up visits and questionnaires after 3-, 6- and 12- months



Participation is voluntary and you can stop at any time.

**Once you have provided your details, we will make every effort to allocate you to a local EASE NHS participating site. Please be aware that if your local NHS site cannot take on new participants, you may not be able to participate in the EASE trial at this time.*

How to take part

Do you meet the following criteria?:

- ✓ **18 years or older**
- ✓ Clinical diagnosis of **first or repeat acute stroke**
- ✓ **Sudden uncontrollable crying, laughter**, or both, following stroke
- ✓ **Capacity** to consent and complete trial assessments

Then you may be eligible to take part in our research trial.

Scan the QR code or use the link to read the patient information sheet, then provide consent for us to store your details and contact you for preliminary eligibility checks:

bit.ly/EASEs99sr