



Volunteer Role Description

Role Title: **BASS (Black and Asian Stroke Survivor) Ambassador Volunteer**

Role Supervisor: Mez Khan (Maternity Cover)

Purpose of the role

The BASS Awareness Ambassador will be proactive in going out to Black and/or South Asian community spaces to raise awareness of the high stroke risk that Black and South Asian people face. The survivor will utilise their networks to engage in places of worship, densely populated Black/South Asian neighbourhoods in the UK and Black/Asian Media. Through their own lived experience of having survived a stroke they will connect with members of their community on the importance of acting FAST to spot the signs of stroke and where to get support (through charities like Different Strokes) following a stroke.

Main Tasks

- To engage in Black/South Asian community spaces and host talks to speak about personal experience of having survived a stroke as a Black/South Asian person
- To connect with religious and community leaders/organisations and encourage them to share important information on the importance of acting FAST and where to seek support following a stroke.
- Distribute BASS awareness flyers in schools, hospitals and places of worship that are frequented by Black and South Asian people
- To connect with other survivors (about Different Strokes' work) they meet whilst raising awareness
- To partake in relevant research regarding stroke and ethnicity as applicable

Skills/Training required

- Confidence to speak in public (strong public speaking skills)
- Open and willing to share their personal story of stroke including the barriers they faced as they connect with their communities



- Proactive in using their own networks to reach out to at-risk communities
- Able and willing to attend relevant training and occasional online meetings (including an initial half day induction)
- Knowledge to signpost to relevant organisations (including Different Strokes) on where to get support
- Enthusiastic about raising awareness of high stroke risk in BASS communities

Potential benefits

Improved confidence by helping to promote awareness of Different Strokes and supporting survivors of Black and South Asian descent. The satisfaction of knowing you are making a vital difference to the work of Different Strokes and the lives of stroke survivors and their families. You can create your own schedule and dedicate as much or as little time as you are able.

Commitment

This role can easily be tailored to your availability and skills. Regular catch-ups will be held to ensure you have the support you need. This role is to complement the work of Different Strokes and will not replace paid staff or prevent the employment of a new staff member. This document does not constitute a contract of employment. Volunteers are not paid but can claim expenses relating to out of pocket expenses such as mileage to a meeting. There is no minimum time commitment although we would expect volunteers to be available for enough time to undertake some of the roles outlined in the main tasks section. Further information about volunteering with Different Strokes is available in our Volunteers Policy.