



SIMPLY HEALTH GREAT NORTH RUN

Event Type: Half marathon

Date: 8 September 2019

Location: Newcastle

Registration Fee: £25

Fundraising Target: £500

The Great North Run is the biggest half marathon in the World with over 57,000 runners taking part in the famous 13.1 mile event. The course takes in the iconic Tyne Bridge and finishes in the coastal town of South Shields.

Runners will receive:

- EXCLUSIVE MEDAL AND T-SHIRT
- GOODIE-FILLED FINISHER'S PACK
- TIMING CHIP FOR ACCURATE RESULTS
- FREE TRAINING AND ADVICE
- SECURITY OF CLOSED ROADS

To claim a Different Strokes charity place please complete a registration, agree to our terms and pay the fee here: https://app.etapestry.com/onlineforms/DifferentStrokes_1/GNGSRun.html



SIMPLY HEALTH GREAT SOUTH RUN

Event Type: 10 miles

Date: 20th October 2019

Location: Southsea

Registration Fee: £25

Fundraising Target: £500

Europe's leading 10 mile race in Southsea, Portsmouth. The course is fast and flat, with fantastic crowds and music to keep you going. You'll enjoy brilliant views of the Isle of Wight, as you finish along the coast!

Runners will receive:

- EXCLUSIVE MEDAL AND T-SHIRT
- GOODIE-FILLED FINISHER'S PACK
- TIMING CHIP FOR ACCURATE RESULTS
- FREE TRAINING AND ADVICE
- SECURITY OF CLOSED ROADS

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